<table>
<thead>
<tr>
<th>TSC Category</th>
<th>Patient Care</th>
<th>TSC Description</th>
<th>Plan interventions with appropriate treatment goals for clients</th>
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<tr>
<th>TSC Proficiency Description</th>
<th>Level 1</th>
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- **Knowledge**
  - Fundamentals of medical condition and multiple comorbidities and their potential effects on therapy interventions
  - Evidence-based intervention practices
  - Clinical reasoning to justify interventions
  - Multi-disciplinary approaches to therapy planning
  - Techniques to help clients to perform at the necessary level of function
  - Potential contraindications from therapy interventions administered

- **Knowledge**
  - Advanced clinical methods and techniques in specific domain areas
  - In-depth knowledge of medical conditions and multiple comorbidities
  - Novel tools for monitoring results of intervention
  - Trends in intervention planning in defined client populations
  - Network of professionals across other disciplines and with professional organisations or bodies

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### Abilities

- Develop appropriate and effective evidence-based therapy plans
- Provide relevant precaution measures of therapy interventions to clients
- Successfully negotiate short-term and/or long-term goals with client
- Ascertain clients’ understanding of the problems and the intervention plans
- Perform intervention planning based on organisational and/or departmental standards

### Skills

- Clinical outcomes measures based on interventions administered
- World Health Organisation’s International Classification of Functioning, Disability and Health Framework (WHO ICF framework)
- Principles of specific, measurable, attainable, realistic, and timely (SMART) goals
- Relevant outcome measures which can be used to track the effect of interventions
- Clients’ ability to learn, prognosis or intervention and ability to follow through new routines or techniques
- Client-related factors that could impact achieving intervention goals

- Assess clients’ suitability to participate in the intervention plan being considered
- Develop intervention plans that are evidence-based according to client assessment findings
- Identify clients’ motivation influences to implement plans
- Integrate other health professionals or therapists’ possible roles and assessment findings in intervention planning, if any
- Modify interventions accordingly in response

- Apply complex and latest therapy methods in clients’ intervention planning
- Identify and use novel available assessment methods to evaluate outcomes
- Identify gaps of current intervention planning guidelines with reference to latest evidence
- Introduce the use of innovative tools and approaches in goal setting
- Review trends in intervention planning practices in defined client populations
- Refine and approve intervention planning clinical guidelines
- Network with professionals across disciplines and with professional organisations or bodies
- Collaborate with expert panel or professional organisations in the service delivered
<table>
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<tr>
<th>EDUCATE CLINICAL the client on rationale for interventions</th>
<th>to any client and/or therapy limitations or challenges</th>
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<tbody>
<tr>
<td>DEMONSTRATE appropriate prioritisations and client review frequency</td>
<td>PLAN for possible contingencies that may affect intervention plans</td>
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<td>SET specific, measurable, attainable, realistic, and timely (SMART) short-term and long-term goals in collaboration with client and/or family</td>
<td>DISCUSS pros and cons and/or risks of suggested therapy interventions</td>
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<td>COMMUNICATE intervention plans to clients and/or caregivers</td>
<td>TAKE holistic clinical view during intervention planning</td>
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<td>MAKE referrals to other health professionals when necessary</td>
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<td>IDENTIFY factors that may have an impact on client goals</td>
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<td>SELECT appropriate measures that reflect achievement of goals set by clients</td>
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<td>CONSIDER client-related factors that impact achieving intervention goals</td>
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