**TSC Category:** Patient Care  

**TSC:** Therapy Discharge Planning  

**TSC Description:** Assess clients’ readiness for discharge, and identify appropriate follow-up on the care to be provided to patients and/or clients.

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<th>TSC Proficiency Description</th>
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<td>Plan clients’ discharge and assess readiness for discharge for routine cases and seek guidance for complex and/or novel cases</td>
<td>Manage discharge planning for complex cases. Review efficacy of discharge plans developed by junior therapists. Provide guidance to junior therapists where necessary</td>
<td>Develop frameworks and procedures relevant to discharge planning as part of a multi-disciplinary team</td>
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**Knowledge**

- Criteria for discharge
- Relevant laws, standards and regulations and policies related to discharge of patients and transfer of care
- Referral procedures, contacts and resources for continuity of care upon discharge
- Nature of the various step-down care provisions and their differences
- Roles and responsibilities of team members in a multi-disciplinary team involved in discharge planning
- Self-management benefits
- Organisation’s performance indicators for discharge
- Organisation policies, standards and guidelines pertaining to discharge of clients
- Emerging technological trends relevant to facilitating discharge or monitoring effectiveness of self-care

**Abilities**

- Perform individual needs assessments required for discharge purposes
- Assess the adequacy of the services to meet post-discharge needs
- Formulate discharge plans with multi-disciplinary teams
- Prepare discharge documentations and appropriate handover
- Engage and educate clients and their caregivers on effective self-management
- Perform assessments required for complex cases
- Formulate discharge plans for complex cases
- Review reasons for client readmissions
- Recommend post-discharge alternatives where deviations from discharge plans occur
- Review discharge plans developed by junior therapists
- Develop guidelines and procedures in performing discharge planning
- Foster partnerships with external stakeholders to enhance continuity of care
- Streamline procedures and processes for discharge planning
- Drive adoption of emerging technology to expedite and facilitate discharge processes
- Coordinate with stakeholders to enable continuity of care
- Advocate for clients on suitability for discharge