

**SKILLS FRAMEWORK FOR SOCIAL SERVICE
TECHNICAL SKILLS & COMPETENCIES (TSC) REFERENCE DOCUMENT**

TSC Category	Psychological Practice					
TSC	Psychological Formulation					
TSC Description	Develop psychological formulations that are informed by theories and evidences about relevant individual, systemic, cultural and biological factors					
TSC Proficiency Description	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
		SSC-PPR-2015-1.1	SSC-PPR-3015-1.1	SSC-PPR-4015-1.1	SSC-PPR-5015-1.1	SSC-PPR-6015-1.1
		Articulate client issues and needs, provisional diagnostics and approaches in support of formulating the appropriate intervention	Incorporate theoretical knowledge, evidence-based and multidisciplinary approaches to determine appropriate psychological formulations	Assess empirical bases of assessment, specialised psychological and multidisciplinary approaches and modalities, as well as contextual variables for integration into psychological formulations and intervention plans	Evaluate psychological formulations based on knowledge in specialised psychological fields and/or domains and in different settings to ensure validity of psychological formulations	Advise on psychological formulations and approaches in various settings, drawing upon specialised psychological expertise and resources to facilitate a comprehensive and evidence-based psychological formulations
Knowledge		<ul style="list-style-type: none"> Types of psychological issues Psychological concepts and intervention frameworks Intervention planning, including formulating diagnosis and case conceptualisation 	<ul style="list-style-type: none"> Types of psychological issues from different multidisciplinary modalities Strengths and limitations of types of evidences and intervention models Scientific, theoretical, and contextual bases of intervention Relationship between assessment and intervention and how intervention choices are informed by assessment Factors influencing intervention planning Theoretical foundations, evidence-based approaches, practices and integration of interventions Medical and legal frameworks applicable to psychological formulations 	<ul style="list-style-type: none"> Multiple evidence-based intervention models and their application Impact of relationships, individual and cultural diversity, ethics and legal foundations in psychological formulations Scientific, theoretical, empirical and contextual bases of intervention, Considerations in developing a working model of the aetiology and maintenance of current psychological functioning Contextual variables that influence intervention planning Medical and legal frameworks in psychological formulations 	<ul style="list-style-type: none"> Specialised clinical or professional skills in an area of psychology Multiple areas of psychology and their applications in different settings Medical and legal frameworks in psychological practices in national or international contexts Multidisciplinary evidence, contexts and data for application to psychological formulations 	<ul style="list-style-type: none"> Types of multidisciplinary intervention models Mediation techniques Organisational processes for reviewing clinical judgments

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<p>Abilities</p>		<ul style="list-style-type: none"> • Identify potential psychological issues present in the case • Discuss diagnostic formulation and case conceptualisation with one's supervisor • Discuss how interventions are derived from assessments with one's supervisor 	<ul style="list-style-type: none"> • Plan interventions and set goals based on formulations • Utilise theoretical frameworks with an evidence-based and multi-model perspective to inform formulations and choice of interventions • Consider and integrate multidisciplinary perspectives in the formulations • Recognise the implications of client and assessment factors • Recognise the limitations of the evidence available • Adapt formulations to suit circumstances and context of the client, accounting for individual, systemic, cultural and biological factors • Express formulations in an accessible language and in a non-discriminatory manner • Discuss impact of case formulations on intervention planning 	<ul style="list-style-type: none"> • Translate knowledge of evidence-based practices into intervention planning • Incorporate presenting variables relating to the client, including cognitive deficit, personality and trauma, to inform intervention strategies and planning • Identify breadth of contextual variables that influence intervention and consider them for inclusion in intervention approaches • Integrate assessment data from different sources and modalities to develop a working models of the aetiology and maintenance of current psychological functioning • Ensure formulation is consistent with a modality's main ethos and theoretical framework • Negotiate mutually agreeable terms and conditions with the client and caregivers for interventions within ethical boundaries 	<ul style="list-style-type: none"> • Evaluate psychological and other relevant research and evidence-based hypotheses to inform psychological formulations • Evaluate the potential validity and reliability of psychological formulations • Integrate perspectives from different areas in psychology and/or specialised knowledge into psychological formulations • Provide various perspectives from different areas in psychology to guide psychologists in the formulations • Balance different factors in intervention planning, including client preferences, multidisciplinary perspectives, contextual information, and medical and legal complications • Provide clinical judgement for complex cases 	<ul style="list-style-type: none"> • Perform role as a knowledge broker for the appraisal and selection of evidence-based approaches/programmes • Initiate the review of psychological formulations to ensure quality standards are met • Evaluate clinical judgments for complex cases • Mediate between differences in formulations
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