## TSC Category

Psychological Practice

## TSC

Psychological Intervention

## TSC Description

Implement psychological therapy or other interventions appropriate to the presenting problems and the psychological, biological and social circumstances

<table>
<thead>
<tr>
<th>TSC Proficiency Description</th>
<th>Level 1</th>
<th>Level 2</th>
<th>Level 3</th>
<th>Level 4</th>
<th>Level 5</th>
<th>Level 6</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>SSC-PPR-2016-1.1</td>
<td>SSC-PPR-3016-1.1</td>
<td>SSC-PPR-4016-1.1</td>
<td>SSC-PPR-5016-1.1</td>
<td>SSC-PPR-6016-1.1</td>
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<tr>
<td>Deliver structured evidence-based interventions under supervision by following clinical treatment protocols and processes</td>
<td>Deliver evidence-based psychological interventions according to intervention plans under supervision</td>
<td>Manage the delivery and adaptation of evidence-based psychological interventions independently, integrating multidisciplinary or transdisciplinary approaches and preventive measures in intervention approaches</td>
<td>Manage the delivery and adaptation of various evidence-based and specialised psychological interventions based on different treatment models for high risk and complex cases in multiple settings</td>
<td>Drive delivery and adaptation of various evidence-based and specialised psychological interventions across multiple settings, including development of new interventions</td>
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### Knowledge

- Intervention theories, frameworks and skills
- Simple clinical treatment protocols
- Types of evidence-based interventions
- Client development and processes
- Role and purpose of a therapeutic relationship
- Therapeutic relationships
- Ethics and cultural diversity in intervention implementations
- Types of crises in interventions

### Abilities

- Apply simple clinical treatment protocols and interventions skills in structured psychological interventions
- Adhere to a professional intervention or clinical treatment protocols
- Apply therapeutic techniques with
- Manage treatment programmes
- Implement treatment models, prevention
- Manage a range of treatment programmes for intervention cases
- Provide consultation on the implementation and adaptation of current and new interventions in different settings
<table>
<thead>
<tr>
<th>SKILLS FRAMEWORK FOR SOCIAL SERVICE TECHNICAL SKILLS &amp; COMPETENCIES (TSC) REFERENCE DOCUMENT</th>
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</thead>
<tbody>
<tr>
<td>• Engage and build rapport with clients</td>
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<tr>
<td>• Evaluate changing clinical and social contexts, client feedback and intervention goals to adapt interventions</td>
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<td>• Assess clients to overcome inhibitions and resistance and contain emotional issues that interfere with therapeutic relationship</td>
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<tr>
<td>• Integrate clinically relevant presenting variables in delivering or adapting therapeutic interventions</td>
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<tr>
<td>• Promote shared understandings of positive change and develop client capability to support meaningful and sustainable change</td>
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<td>• Provide guidance and advice to clients and caregivers involved in the psychological interventions</td>
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